

Price List

Residents Discounts

The Sovereign Centre offers special rates and discounts for certain activities to all visitors who have an Eastbourne resident card. You are eligible if you pay your council tax to Eastbourne Borough Council, bring your council tax bill, or a utilities bill no older than 12 months to the Sovereign Centre where you will be issued with your card.

Peak and Off Peak Pricing

Prices are Peak during School and Bank holidays and peak prices apply for the session you are due to enter. For example if you arrive at 09:15 you will be charged the peak price as you enter the water for 09:30.

Pool Ratio

Please note if you are planning to visit the pool with children, children aged under 8 must be accompanied by an adult (i.e. over the age of 16 years) on a maximum of a 2:1 ratio. We advise that they wear approved buoyancy aids.

Swimming Price List

Peak Pricing: Weekends from 09:30 (Saturday & Sunday), Bank Holidays and School Holidays. Peak prices apply for the session you are due to enter. Under 5s go free and a Family ticket is for 2 adults and 2 children.

	Non Resident PEAK	Non Resident OFF PEAK	Resident PEAK	Resident OFF PEAK
Adult	£8.30	£5.90	£7.10	£5.10
Child	£6.80	£4.80	£6.50	£4.60
Family	£24.90	x	£23.80	x
Over 60's	£6.20	£5.50	£5.00	£4.40
Students	£6.90	£5.10	£6.60	£4.90
Disabled	£2.30	£2.30	£2.30	£2.30
Spectators	£3.25	£3.25	£3.25	£3.25

Sauna & Steam

The health suite is a mixed use facility (minimum age 16). Swimwear must be worn at all times. This price is for the Sauna and Steam room only, anyone wishing to use other facilities must pay for these in addition to this. Off Peak: Monday - Friday 06:30 - 21:00, Peak: Weekend 07:00 - 18:00

	Non Resident PEAK	Non Resident OFF PEAK	Resident PEAK	Resident OFF PEAK
Adult (16+)	£6.90	£6.90	£6.90	£6.90

Aqua Challenge

Please note children aged 6-7 years must be accompanied by an adult over the age of 16 years. Children under the age of 6 are not permitted on the aqua challenge. The members prices apply to anyone with a paying membership for the gym, swimming or lessons

	Non Resident PEAK	Non Resident OFF PEAK	Resident PEAK	Resident OFF PEAK
Adult	£13.20	£13.20	£10.90	£10.90
Child	£9.60	£9.60	£9.15	£9.15
Member Adult	£6.20	£6.20	£6.20	£6.20
Member Child	£4.90	£4.90	£4.90	£4.90

Gym

Mon-Fri: 06:30-21:30, Sat-Sun: 07:00-18:00. Adult Casual Gym (ages 16+). Junior Casual Gym age 11-15 years old must be accompanied by an adult 16+ at all times. The guardian/parent must also sign an Exercise Readiness Declaration on each visit.

	Non Resident PEAK	Non Resident OFF PEAK	Resident PEAK	Resident OFF PEAK
Adult	£10.20	£10.20	£9.70	£9.70
Child	£6.10	£6.10	£5.85	£5.85
Disabled	£4.60	£4.60	£4.60	£4.60
Non Member Induction/Boditrax	£23.10	£23.10	£23.10	£23.10
Personal Training x1	£47.25	£47.25	£47.25	£47.25
Personal Training x5	£220.50	£220.50	£220.50	£220.50

Workout Classes

Various times see workout class timetable.

	Non Resident PEAK	Non Resident OFF PEAK	Resident PEAK	Resident OFF PEAK
Adult	£9.90	£9.90	£9.45	£9.45

Other Prices

Please see terms & conditions and information for the activities on this list. Sovey Tumblers entry is for the child (aged under 8) and one accompanying adult (16+).

	Non Resident PEAK	Non Resident OFF PEAK	Resident PEAK	Resident OFF PEAK
Young at Heart	£4.50	£4.50	£4.50	£4.50
Tumblers Child (+Adult)	£8.20	£5.00	£8.20	£5.00
Tumblers Extra Adult/Child	£2.50	£2.50	£2.50	£2.50