

Student Gym Membership

The Sovereign Centre offers students from age 11+ the option to be a member of and use our gym. For more information on membership please call 01323 738822 or email eastbourneleisure@lewes-eastbourne.gov.uk

Gym Memberships - Access to the gym, swimming & parking

Please note the Junior Gym Membership allows access to the gym for those aged 11-15 at Junior Gym times once an induction and programme card has been completed. Those aged 11-13 must be accompanied at all times by someone 16+.

	Standard DD	12 Month Contract DD	PIF
Junior 11-15	£22.50	N/A	£190
Student 16+	£32.00	N/A	£265

We offer all our members an induction, physical activity readiness questionnaire, programme card and monthly programme reviews. For some ages these things are essential and for others optional.

The chart below shows this information:

	11-13 years	14-15 years	16+
Induction	Parent/Guardian (16+) Must Attend	Parent/Guardian (16+) Must Attend	Optional
PARQ (Physical Activity Readiness Questionnaire)	Parent/Guardian (16+) Must Attend	Parent/Guardian (16+) Must Attend	No Parent/Guardian Required
Programme Card	Parent/Guardian (16+) Must Attend	Parent/Guardian (16+) Must Attend	Optional
Monthly Programme Reviews	Parent/Guardian (16+) Must Attend	No Parent/Guardian (16+) Required	Optional
Entry Times	Monday-Friday 6:30-17:30 Last Entry 17:00 Weekends Anytime Must be accompanied by someone 16+ at all times	Monday-Friday 6:30-17:30 Last Entry 17:00 Weekends Anytime	Anytime

Standard DD - Can be cancelled at any time with 30 days written notice

Pay in Full (PIF) - Pay up front for 1 years membership, it will not be automatically renewed

