

Pool Timetable

Fun Pool Timetable Term Time

Please note a booking system operates at Peak Times (Weekends and School Holidays)
To book visit our website www.eastbourneleisure.com or ask at reception

Please note the first Saturday of the month the 09:30-11:00 swim session is an SEN session with no music or pool features running in the Fun Pool area. Term time only.

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	
Monday					Family Swim Session						Wave Session		Flume					
Tuesday					Family Swim Session						Wave Session							
Wednesday					Family Swim Session						Wave Session		Flume					
Thursday					Family Swim Session						Wave Session							
Friday					Family Swim Session						Wave Session	Big Wave	Big Wave					
Saturday					Family Session Bookable		Wave Session Bookable	Flume	Wave Session Bookable	Flume	Wave Session Bookable	Flume						
Sunday					Family Session Bookable		Wave Session Bookable	Flume	Wave Session Bookable	Flume	Wave Session Bookable	Flume						

Family Session

Everyone is allowed.

There will be no waves or flume.

Family Swim Sessions are available when children under the age of 8 must be accompanied by an adult on a maximum of a 2:1 ratio, we advise that they wear approved buoyancy aids

Wave Session

Everyone is allowed.

The waves will be operational every 30 minutes. Listen out for the siren!

Children aged 4-7 years must be accompanied by an adult (i.e. over the age of 16 years) on a maximum of a 2:1 ratio. Children under the age of 4 years must be accompanied by an adult on a maximum of a 1:1 ratio, we advise that they wear approved buoyancy aids

Flume

Suitable for those over 1M in height

Big Wave Session

The waves and music will be turned right up for our Big Wave session!

This session features the latest tunes with our big waves and inflatables to party the night away!

Wave Session Pool Ratio's apply

Book online today at
www.eastbourneleisure.co.uk

Centre Use Guidelines

- Please do not come to the centre if you feel unwell with any covid 19 symptoms
 - The Sovereign Centre has a zero tolerance approach to verbal and physical behaviour. Any unacceptable behaviour will be taken very seriously and may result in the immediate ejection from the centre.
 - Inform a lifeguard if you have any medical condition we should know about, and do not swim if you are feeling unwell
 - If you or your child has had diarrhoea in the last 14 days, please do not use the swimming pool
 - If you or your child has vomited in the last 24 hour, has a tummy upset or is suffering with a cold or virus, then please do not use the swimming pool
 - Please follow the guidance of the lifeguards at all times
 - Please use the lockers provided which are 20p non refundable for your belongings, and do not leave anything unattended on the tables. We have limited seating and any belongings left unattended will be removed.
 - Please note that photography and the recording of still and moving images of any kind is only allowed with the written authorisation of the centre management.
 - Babies must wear appropriate swim nappies.
- Please follow our centre policies when using our centre. For full information please visit the FAQ page of our website.

For the latest info visit...
www.eastbourneleisure.co.uk

SOVEREIGN
centre